

**TRINITY
HIGH SCHOOL**



**PARENT HANDBOOK
ATHLETIC DEPARTMENT**

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Trinity High School Athletic Department

The purpose of this manual is to maintain the smooth operation of the Athletic Department by communicating clearly with the many individuals who guide and support its programs. By putting standard policies and procedures in writing, the Department seeks to better coordinate and unify the efforts of all its teams and coaches.

Athletics are an integral part of the educational program at Trinity. Our athletic program is designed to allow each student-athlete the opportunity to learn the values of teamwork, respect and self-discipline through sports.

Students and parents who choose to participate in sports are expected to support and abide by the regulations in this handbook as well as rules and policies outlined in the Trinity Student Manual.

While striving to promote their own teams and activities, all members of the Athletic Department should cooperate with one another and present a unified spirit to student-athletes and the entire community. This sets a strong example, which our young men will then follow. Each sport, each student-athlete and each coach deserves the mutual support and respect of the entire staff and administration.

Questions about this manual or about other Athletic Department policies should go through the proper channel, that is, from student-athletes or parents to coaches, to head coaches, to the Athletic Director, and, if necessary, to the President.

MISSION

Trinity is a Catholic, college-preparatory high school, forming men of faith and men of character.

PHILOSOPHY

The student is the focal point of Trinity High School.

VALUES

Three core values guide our commitment to this belief:

Scholarship

We believe that through education each student can become an effective thinking, experiencing and sensitive person. Trinity will provide educational opportunities to prepare the student for lifelong learning and continued intellectual, spiritual and physical growth.

Discipline

We believe that through firm, consistent and caring guidance, each student can develop the mental maturity and moral character to adopt patterns of behavior that are consistent with Christian values and traditions. Trinity will provide a nurturing and supportive environment with appropriate limits conducive to the development and maintenance of self-discipline and responsible behavior.

Responsibility

We believe that through promoting the concept of responsibility each student can develop the confidence to think critically, make deliberate decisions and be accountable. Trinity will provide opportunities for each student to utilize those talents and abilities necessary for the improvement of self and the world in which we live.

TRINITY HIGH SCHOOL ATHLETIC DEPARTMENT STATEMENT OF PHILOSOPHY

The Athletic Department of Trinity High School will strive to provide a variety of experiences for its students that enable each participant to learn lessons in sportsmanship, teamwork, competition, leadership, cooperation, self-discipline, goal setting, fair play and Christian identity. Athletics play an important part in helping the individual develop a healthy self-concept as well as a healthy body. Athletic competition is an important part of our school spirit and helps all students – participants and spectators – develop pride in their school.

The Athletic Department must always operate in accordance with the school's mission and display objectives and policies that support the ongoing educational process at Trinity High School.

Coaches at Trinity High School will be tasked to:

- Form men of Faith
- Form men of Character
- Coach trinity student-athletes and teams to compete at the highest level

**TRINITY HIGH SCHOOL
ATHLETIC DEPARTMENT
4011 SHELBYVILLE ROAD
LOUISVILLE, KY 40207-3149**

PRESIDENT	ROB J. MULLEN Ed. D. '77
PRINCIPAL	DAN ZOELLER H'07
DIRECTOR OF FINANCE AND ADMINISTRATION	LARRY CASTAGNO '78
VICE PRESIDENT FOR SCHOOL ADVANCEMENT	JOEY PORTER '78
DEAN OF STUDENTS, ADVANCED & HONORS	MARTY MINOGUE '69
DEAN OF STUDENTS, ACADEMIC & TRADITIONAL	JENNIFER BROWNING H'06
DIRECTORS OF STUDENTS	DAVE ABERLI '75, JOE HENNING
SCHOOL CHAPLAIN	REV. DAVID ZETTEL '58
DIRECTOR OF ATHLETICS	ROB SAXTON
ASSOCIATE DIRECTOR OF ATHLETICS	DENNIS LAMPLEY H'92
DIRECTOR OF ACTIVITIES	MATT MANNING
DIRECTOR, SPORTS MINISTRY	STEVEN TOMPKINS '81
ATHLETIC DEPARTMENT ADMINISTRATIVE ASSISTANT	KRISTIN MEYER
STRENGTH & CONDITIONING COACH	MIKE SNYDER '02
KHSAA SPORTS	
VARSITY BASEBALL COACH	RICK ARNOLD '86
VARSITY BASKETBALL COACH	MIKE SZABO
VARSITY CHEERLEADING COACH	CHELSEA LABARBARA
VARSITY CROSS COUNTRY COACH	CHAD WAGGONER
VARSITY FOOTBALL COACH	BOB BEATTY H'03
VARSITY GOLF COACH	MIKE BRUMFIELD
VARSITY SOCCER COACH	DALE HELFRICH
VARSITY SWIMMING COACH	KELLY HORRELL
VARSITY TENNIS COACH	CHRIS MATHER '86
VARSITY TRACK AND FIELD COACH	MIKE MAGRE '83
VARSITY WRESTLING COACH	EDDIE RUDOLPH
KHSAA SPORTS ACTIVITIES	
VARSITY ARCHERY COACH	RICK MCCAULEY
VARSITY BOWLING COACH	JOE FOWLER
VARSITY FISHING COACH	MIKE CHANCELLOR
CLUB SPORTS	
VARSITY ICE HOCKEY COACH	RICK ROBINSON
VARSITY LACROSSE COACH	PETE SCHROEDER
VARSITY VOLLEYBALL COACH	RICHARD WEAVER '10
VARSITY POWERLIFTING COACH	RYAN BROWN
VARSITY RUGBY COACH	NEIL ARNOLD
SCHOOL COLORS	GREEN AND WHITE
NICKNAME	SHAMROCKS
ENROLLMENT	1275

SPORTSMANSHIP

The Kentucky High School Athletic Association requires officials to enforce sportsmanship rules. High school athletics must emphasize positive values. All parties should work hard to create a sense of teamwork, responsibility and perspective. Officials expect good behavior and will quickly penalize misconduct. We encourage and appreciate the help of all spectators in achieving these aims. Let every competition reflect mutual respect among all in attendance.

The Catholic high schools in the Archdiocese of Louisville affirm and support the sportsmanship expectations of the KHSAA. We believe that sports can be a means for student-athletes to learn lessons in Christian identity, sportsmanship, competition, leadership, cooperation, self-discipline, goal setting and fair play. Athletics play an important part in helping the individual develop a healthy self concept as well as a healthy body. Athletic competition can help students, participants and spectators develop pride in their school.

We expect all our student-athletes:

- To be a responsible and contributing member of the team and school.
- To make selfless efforts in working with others to reach a common goal.
- To play and live by the rules of the sport.
- To show appreciation and respect for others, whether they are teammates, opponents, officials, coaches or spectators.
- To serve as a positive example by accepting both victory and defeat with pride and compassion.

We expect our coaches to serve as a positive example of fair play, sportsmanship, and respect towards their own players, opposing players, coaches, and game officials.

We expect our cheerleaders and students to keep all cheers positive; to avoid efforts to distract the opposing team's efforts; to refrain from rubbing-in defeat; to respect the players and fans of the opposing team before, during and after the game; to refrain from negative social communications with all teammates and opponents.

We expect parents and other fans to model good sportsmanship; to refrain from any negative personal and social communications; to refrain from the possession and use of alcohol at high school contests.

Archdiocese of Louisville Catholic High Schools

Assumption High School

Holy Cross High School

Sacred Heart Academy

Bethlehem High School

Mercy Academy

St. Xavier High School

St. Francis DeSales High School

Presentation Academy

Trinity High School

EXPECTATIONS OF TRINITY HIGH SCHOOL COACHES

Trinity coaches are educators and leaders of the young men they coach. Parents and student-athletes can expect that Trinity coaches will:

- Place the well-being of their student-athletes ahead of the desire to win. “Athletes first, winning second.”
- Exemplify high standards of moral character at all times.
- Provide appropriate and reasonable supervision of student-athletes.
- Recognize the inherent individual worth of each student-athlete.
- Use appropriate language when communicating with student-athletes.
- Encourage and assist student athletes in the process of setting and achieving goals.
- Strive to develop the qualities of leadership and initiative in student athletes.
- Establish and enforce training rules that reflect the positive values of abstaining from the use of alcohol and other drugs, and tobacco.
- Effectively communicate program philosophy and goals to student-athletes, parents and the school community.
- Provide a safe environment for practice and participation.
- Teach and abide by the rules of the game in letter and spirit.
- Seek excellence in coaching through collegial collaboration and professional development.
- Promote personal fitness and sound nutrition to student-athletes in words and actions.
- Respect the integrity and judgment of game officials.
- Encourage and promote a healthy respect for the entire athletic program.
- Utilize appropriate coaching techniques when instructing student-athletes.

EXPECTATIONS OF STUDENT ATHLETES

1. The conduct of the student-athlete is governed by:
 - a. Rules and policies of the Kentucky High School Athletic Association (KHSAA), and or, the sanctioning club sport authority.
 - b. Rules and policies of Trinity High School;
 - c. Training rules established by the coaching staff of each program;
 - d. Rules of good sportsmanship;
 - e. Specific rules as listed below by the Athletic Department:
 1. Every student-athlete is to respect each other and not participate in any activities that could be considered hazing.
 2. Every student-athlete must be clean-shaven with no facial hair.
 3. Earrings – should not be worn at any time, on campus or when you have the uniform on before or after the games.
 4. Any student-athlete with a tongue ring will be suspended from play.
 5. Any student-athlete using the R.W. Marshall Sports Center, Shamrock Hall or Steinhauer Gym must ensure it be kept clean and remove all trash or papers from those areas. Coaches will be held responsible.
 6. Language – No foul language will be accepted from any student-athlete that participates in the Trinity Athletic program.
 7. Student-athletes are not encouraged to bring valuables to practice or games. If they do, they are responsible for securing these items.

2. The Athletic Administration reserves the right to withdraw any student athlete from the Athletic Program if he fails to fulfill his obligations and responsibilities to Trinity High School, the Athletic Department or to his team, whose conduct is judged to reflect discredit upon themselves, their team or Trinity High School.
3. Coaches have the right to go beyond the school rules and add their own rules to their specific program with the prior approval of the Athletic Director.

EXPECTATIONS OF PARENTS

Parents are expected to keep athletic competition in perspective to the successful growth of each of our students.

1. Do not force your child to participate in sports.
2. Inform the coach of any physical disability or ailment that may affect the safety of your child or others.
3. Learn the rules of the game and the KHSAA policies.
4. Be a positive role model and encourage sportsmanship by showing respect and courtesy. Demonstrate positive support for all players, coaches, officials and spectators.
5. Do not engage in any kind of unsportsmanlike conduct with officials, coaches, players or other parents.
6. Teach your child to play by the rules and resolve conflicts without resorting to hostility or violence.
7. Teach your child to treat other players, coaches, officials and spectators with respect.
8. Attendance is a crucial element to any team. If a parent must pull the student-athlete from practice it is the parent's responsibility to communicate with the coach.
9. Never ridicule or yell at players, other parents, coaches or officials.
10. One of the best lessons that can be learned in sports is an understanding and respect for authority. Speaking negatively to your son about his coaches undermines that authority and makes it more difficult for your son to be responsible for his own actions and maintain respect for his coaches. Respect the coaches, officials and other parents.

CHAIN OF COMMAND

While we strive for every student-athlete and family to have a positive experience in athletics, there will be a time when a student-athlete or parent may have concerns during the course of the season. In this situation, the following protocol should be followed:

1. The student-athlete should take their concerns to their head coach.
2. If the student-athlete does not reach a satisfactory conclusion, then the parents and the student-athlete should request a meeting with the coach.
3. If the concern remains after this meeting, the parents may request to meet with the athletic director.
4. Allow a 24-hour cool off period after all contests before contacting the coach.
5. No impromptu meeting or discussions after practices or games are allowed.

PARENT MEETINGS

At the beginning of each season, the coach will hold a team meeting. This meeting will cover freshman, junior varsity and varsity teams. Many important topics will be discussed at this meeting that will help to define the season. Attendance at these meeting is mandatory for at least one parent.

ELIGIBILITY REQUIREMENTS

Trinity High School is a member of the Kentucky High School Athletic Association (KHSAA). As a member, we follow all the policies and guidelines set forth by the KHSAA, and/or the sanctioning club authority.

PHYSICAL EXAMINATION

1. Physical examinations are required of all student-athletes before they can participate in any tryouts, practices or games. All incoming freshmen are required to have a current physical on file. The physical form (GE04) to be used can be found on www.khsaa.org under forms.
2. A student-athlete needs to have only one physical per year.
3. Physicals must be turned in to the head coach of the sport for which they are trying out prior to the beginning of tryouts. These physicals will be maintained in the Athletic Department.

ACADEMIC ELIGIBILITY

- Academic eligibility is determined each week by the online posting of grades by his teachers. A student will be ruled academically ineligible to participate in his school activities (e.g. clubs, athletic teams and extracurricular opportunities) if he is failing more than two courses for the quarter or for the school year.
- A student will remain ineligible until he is no longer failing more than two courses for the quarter and for the school year. While ineligible, the student may not play in games, practice or participate with his team, club or extracurricular activity. This policy meets the academic eligibility requirements of the Kentucky High School Athletic Association.
- A club, team or extracurricular activity may rule the student permanently ineligible through other stipulations such as, being ineligible for several consecutive weeks. (*Coaches and moderators must first receive approval from the Principal or Director of Athletics for these additional stipulations.*)

FORMS

A student-athlete will not be eligible to participate in any game until we have all required forms (eligibility form, physical, parent permission card, athletic code form and tuition agreement form) turned in to the athletic office.

ATTENDANCE

Any student who is absent from school for more than half the day may not participate in or attend any sports, social or school event on the same day. Extenuating circumstances may be presented to the appropriate dean of students for special consideration.

RISK

As with all physical activity, there is an inherent risk of injury when participating in athletics. The parent or guardian must sign a waiver, that is part of the physical examination form, which provides consent to allow the student to receive medical treatment that may be deemed advisable by the high school, the KHSAA and their representatives in the event of injury, accident or illness while

participating in interscholastic athletics, including but not limited to, transportation of the student to a medical facility.

INJURIES

1. Adopt the safety standards of the KHSAA and Trinity High School.
2. A trainer will be provided for most home sporting events and for some away events.
3. If a student-athlete sustains an injury during tryouts, practice or a game, he must report it to the head coach immediately and must be sent to see the trainer.
4. If an injury takes place, keep the equipment and label it.
5. If the injury takes place on field, study the film and keep it.
6. Contact witnesses immediately.

ATHLETIC TRAINER

Trinity provides a certified athletic trainer for our teams to aid in sport injuries. The trainer is available in the training room of Marshall Center right after school and will be present at home events. The trainer is responsible for documenting any injuries and forwarding that to the Athletic Department for submission for insurance claims.

MEDICAL INSURANCE

1. All student-athletes of Trinity High School are protected by secondary insurance coverage through Scholastic Insurors for any injury sustained during a school activity.
2. For the insurance to take effect, the student-athlete must report the injury to the trainer within 15 days of its occurrence. The trainer will review the injury and notify the Athletic Department of the injury. The Athletic Department will file a claim with Scholastic Insurors.
3. Scholastic Insurors will mail the necessary paperwork directly to the family. All further contact will be between the family and Scholastic Insurors.
4. The Scholastic Insurors policy is secondary to all other family plans.

PLAYING TIME

Our athletic program strives for excellence in everything we do. To compete at our best ability is very important. Playing time is at the discretion of the coach. Playing time is not guaranteed. Playing time will be based on performance in practice and performance in games. Our teams will strive to compete at the highest levels.

SQUAD SELECTION

Philosophy

In accordance with our philosophy of athletics and our desire to see as many students as possible participate in the athletic program while at Trinity, we encourage coaches to keep as many student-athletes as they can without unbalancing the integrity of their sport. Obviously, time, space, facilities, equipment, available coaches, personal preference and other factors will place limitations on the most effective squad size for any particular sport. However, when developing policy in this regard, we strive to maximize the opportunities for our students without diluting the quality of the program.

Cutting Policies

- **Responsibility**
 - Choosing the members of athletic teams is the sole responsibility of the coaches of those teams.
 - Junior Varsity and Freshman team coaches shall take into consideration the policies as established by the Head Coach in that particular program when selecting final team rosters.
 - Prior to the beginning of the tryout procedure, the coach shall provide the following information to all candidates for the team.
 1. Length of the tryout period
 2. Criteria used to select the team
 3. Number of team members to be selected
 4. Practice commitment required if the student-athlete is selected for the team
 5. Game commitments required if the student-athlete is selected for the team
 6. How team selection will be announced.

- **Procedure**
 - When a team cut becomes a necessity, the process will include two important elements. Each candidate shall:
 1. Have completed a minimum of two (2) practice sessions
 2. Have performed in at least one (1) intrasquad scrimmage.
 - While it is inappropriate to post “cut lists,” a listing of personnel who should be in attendance for the following session of tryouts is appropriate, doing so online is preferred.
 - Coaches will answer any questions the student-athletes may have regarding their performance.
 - Coaches will discuss alternative possibilities for participation in the sport or other areas in the activities program.
 - If the coach foresees difficulties arising as a result of squad cuts, he/she should discuss the situation with the athletic director.

TRANSPORTATION POLICIES

Parents are responsible for transportation unless otherwise notified. Trinity will arrange transportation for any coach that requests it. This ranges from school buses to coach buses to our own 24-passenger bus.

Coaches must secure parental permission for any student-athlete that will be driving or riding with another student. These forms are included in this packet.

DEAD PERIOD

Students may not receive coaching or training from school personnel and school facilities, uniforms, transportation or equipment shall not be used each year in any KHSAA-sanctioned sport or cheerleading squad during the period of June 25 through July 12.

FUND-RAISING POLICY

Trinity High School has created and empowered the President and the Director of Major Gifts to oversee all fund-raising efforts of the school. Currently, the school is concentrating on two major ways for donors to support the school:

- 1) The Trinity Annual Fund (annual gifts to Trinity that also include efforts to secure gifts-in-kind, endowment and memorial gifts, major gifts, etc.).
- 2) The celebraTion dinner and auction (the proceeds from this event go entirely to help offset the operating funds of Trinity athletics and activity programs, also freeing up valuable budget dollars for all areas of the school, including financial aid).

Other fund-raising vehicles, such as a Planned Giving Program and the Capital Campaign, will also feature in the school's activities. In order for this fund-raising model to be successful, all segments of the Trinity community must adhere to the primary principle that all fund-raising efforts must be coordinated through one central office – the President. Any Trinity group, individual or organization that plans to initiate any effort that involves fund-raising in any of its many forms, must secure the prior knowledge and explicit approval of the President. Our continuing challenge is to instill the notion within the Trinity Family that support of Trinity is a stewardship obligation. We must further assure all of our donors and would-be benefactors that their gifts are being managed properly and applied according to the donor's wishes and the school's program of needs.

IMPROPER LANGUAGE

Regardless of the circumstances, cursing or other forms of improper language (name-calling, physical threats, sexual jokes, etc.) are not acceptable from teachers or any other school personnel when they are fulfilling their professional duties. This includes comments made as corrections or at other times. Sarcasm toward students should also be avoided as negative and counter-productive.

CANCELLATION POLICY/INCLEMENT WEATHER

The safety of the student-athlete will always be the first priority when inclement weather arises.

If the heat index reaches 104 degrees, all activity must be halted immediately. Coaches of outdoor sports must take heat index reading regularly and chart the measurements.

The Athletic Office has issued lightning detectors to all head coaches of outside sports. The following guidelines will apply:

If lightning is 0-6 miles or 6-12 miles away, immediately take cover.

If lightning is 12-24 or 24-40 miles away, closely monitor to see if it moves closer.

If severe weather situations arise during a game or event in Marshall Stadium, the PA announcer will announce where patrons should go for cover.

School cancellation does not necessarily mean that athletic events are cancelled. The coaches and/or Athletic Department will relay the appropriate information as soon as a decision is made.

ATHLETIC EQUIPMENT AND FACILITIES

Issuing of Athletic Equipment

Each head coach is directly responsible for the care and control of all equipment used in his or her program.

- Each head coach should employ some form of control system for the smooth assignment and return of equipment each season.
- Coaches should carefully consider the selection of all student managers and thoroughly explain their duties. These individuals are the key to good equipment control and maintenance.
- The head coach, although he may delegate the issuing of equipment to assistant coaches and managers, is ultimately responsible for the issuing of athletic equipment to all team personnel. The coach issuing the equipment must have the knowledge to ensure properly fitting equipment.
- Players are to be instructed in the proper use, care (washing) and maintenance of their equipment at the time of issue. This is particularly important for safety equipment.
- All student-athletes receiving equipment will be responsible for the equipment issued. If the equipment is lost or has had abnormal usage, the student-athlete will be charged accordingly.
- Periodically, coaches shall inspect equipment and facilities during the season.
 - Helmets, bats, nets, supporting poles, etc. may break or deteriorate and become unsafe during the course of the year. Deactivate unsafe or defective equipment.
 - Facility hazards should be reported to the Athletic Director immediately.
- The Athletic Director may periodically check on the handling of equipment.

Use of Athletic Equipment and Facilities

It is important to emphasize to all student-athletes their responsibilities as squad members to take good care of school equipment and facilities and to report any abuses to their coach or the Athletic Director.

- Athletic Department-issued equipment is to be worn only during practice sessions and interscholastic contests, or by permission of the coaches. At no time are student-athletes to wear school-issued equipment or uniforms for:
 1. Gym classes
 2. Work on the job
 3. Socially
 4. School wear
 5. Out-of-season training or competitions.
- Uniform tops or game jerseys may be worn on certain game days only. Normally the wearing of school athletic items will be reserved for special occasions.
- In particular, sports where student-athletes personally buy a portion of their practice or game uniforms, these may be worn at the discretion of the student-athlete.
- Warm-up outfits that are especially designed for contest wear may only be allowed to be worn at the actual contests. These outfits are never to be worn as school jackets or outerwear.
- Athletic equipment will not be loaned to outside groups.
- Never allow student-athletes to use Trinity facilities without the proper supervision of coaches.
- After each practice, make sure that all practice areas and locker areas are clean and free of debris and trash.
- Students-athletes are not to wear cleats or dress shoes on either the Shamrock Gym or Steinhauser Gym floors.
- Do not allow student-athletes to bring food and drinks onto our stadium or gym floor playing surfaces.

Collection and Storage of Athletic Equipment

Coaches are responsible for collecting all equipment that is dispensed during the school year.

- If any equipment is lost or has abnormal usage, the student-athlete shall be charged replacement costs.
 - The coach shall inform the student-athlete that he/she will not receive any athletic awards until all financial obligations are met.

THE R.W. MARSHALL SPORTS CENTER

Student-athletes will have use of the R.W. Marshall Sports Center during scheduled times with their coaches.

Dress Code/Rules

1. The following is required dress code:
 - Green (school colors) or black shorts
 - Shorts from sport teams with Trinity logo is permitted
 - White or green (school colors) T-shirts
 - White socks only
 - No dress shoes or flip flops.
2. No jewelry is allowed.
3. If a student-athlete needs to see a teacher after school, they will be required to get a note from that teacher before they can enter the weight room.
4. If a student-athlete has an injury, he will be required to bring a doctor's note stating what the student-athlete is restricted to do. The same will be true for the trainer's note.
5. No horse playing will be allowed in the weight room. The student-athlete will be told to leave and will not be able to work out. A meeting with the student-athlete and his parents will be held to discuss the student's behavior and the consequences.
6. Coaches will be with their teams when they work out.
7. All incoming freshmen must have pre-registered and have a physical, emergency medical card and parent release form on file before they may begin the workouts.
8. Student-athletes must secure any personal items in their locker before working out.

HARRY JANSING FIELD AT MARSHALL STADIUM

NO activity may take place that could damage the turf, e.g. "tug-a-war" is not a good idea, as well as blocking sleds.

There is to be NO "step running" through the stands. Do not use the stands for conditioning. The walking/running track is open for conditioning purposes.

NO ball playing is to take place against the brick walls that front the stands or on the sides of the stands, not even toss and catch.

Use the gates to get onto the field. Student-athletes may not climb any perimeter or field fence.

No sunflower seeds, chewing tobacco, gum.

After every PE class, practice or game, leave the field with absolutely NOTHING left on the field, e.g. a piece of athletic tape, a paper cup, equipment, etc.

Immediately report any damage to the field to the athletic director, facility manager or director of finance and administration.

No student is to be in the suites or press boxes without expressed permission, e.g. they have been trained to use the cameras for filming practice or games. You must check after practice or games that the equipment is shut off and the rooms locked.

Bathrooms can be used – the facility manager will have to open these.

SPORTS AWARDS

Letter Award: Each sport has its own criteria for earning a varsity letter and will have an end-of-the-year banquet to hand out awards. A student-athlete will earn one varsity letter and then will receive the appropriate medallion for each year after.

State Championships: When a team wins a state championship, members of that team will have the opportunity to purchase state championship rings.

Collegiate signing: The following guidelines need to be followed for a signing ceremony at Trinity.

- The student has signed or will sign a national letter of intent that reflects a commitment to participate in athletics at the collegiate level on an athletic scholarship
- Parents should notify the Athletic Office at least three weeks in advance of the desired date for the ceremony
- Coaches from the college/university should be notified in case they wish to attend

Once the parent has contacted the Athletic Office, the athletic director will contact the students' primary coach to discuss the date. Internal announcements will be made so as many students and teammates as possible can attend. Once the date is finalized, the Advancement Office will generate a press release. Trinity will not host signing ceremonies after senior exams have begun.

NCAA: We are fortunate to have many of our student-athletes go on to play sports in college. Student-athletes who hope to earn athletic scholarships and plan to attend an NCAA institution must be processed through the NCAA Clearinghouse. These students will need to register with the NCAA. The College Counseling Department has all the information needed to get through the process.

Appendix A

TRINITY HIGH SCHOOL ALCOHOL AND OTHER ILLEGAL DRUGS POLICY

Trinity's mission and philosophy require the school to promote a healthy lifestyle. Thus, the Code of Conduct strictly forbids students to possess, use or distribute alcohol or other illegal drugs. While this policy focuses primarily on student conduct on school grounds or at school-sponsored functions, the school also "reserves the right to take disciplinary action, including dismissal" should serious misconduct occur outside of school. Trinity High School will use whatever means available to work toward a drug-free campus. These include working with the canine unit of the Louisville Metro Police Narcotics Squad, involving local authorities, increasing our own surveillance and random checks of students and their possessions. Trinity also uses Passive Alcohol Sensors to detect alcohol on students' breath at all dances and reserves the right to do so at school when deemed necessary. Please note the following guidelines:

- Any student judged to be selling, promoting the sale of or in any way trafficking alcohol, prescription drugs, other illegal chemicals or any substance or paraphernalia deemed inappropriate or unsafe by THS administration will be dismissed from Trinity. His parents will be notified of the offense, and as required by KRS, Section 158, the proper law enforcement authorities will be informed. When possible, any confiscated illegal substances will be given to those authorities.
- Any student judged to have willingly and knowingly received alcohol, prescription drugs, other illegal chemicals or any substance or paraphernalia deemed inappropriate or unsafe by the THS administration, whether or not in exchange for money, while at school or a school-sponsored event, will be considered for immediate dismissal. The school will weigh the nature of the offense and the student's discipline and academic record before deciding on dismissal.
- Any student found to be under the influence of or in possession of alcohol, prescription drugs, other illegal chemicals or any substance or paraphernalia deemed inappropriate or unsafe by the THS administration will face serious school consequences. "Possession" includes materials found in his locker, car, backpack, etc. His parents will be notified of the offense, and as required by KRS, Section 158, the proper law enforcement authorities will be informed. When possible, any confiscated illegal substances will be given to those authorities. Consequences given the student will depend upon the nature of the incident and his discipline record to that point.
- A student who commits a second violation of use or possession is eligible for dismissal. If such a student should be allowed to remain at Trinity, he forfeits his right to participate in any extracurricular activities for another 60 school days or longer if deemed necessary.
- According to Kentucky state law, students who are dismissed from a school for alcohol or drug violations must travel with an official form that notifies other schools what has happened.

If the student is allowed to remain at Trinity, consequences will take two forms: discipline and counseling.

Discipline

The disciplinary consequences for such misconduct will be suspension from school; the assignment of demerits; extended time in detention; in-house social suspension until all detentions are served; and a 60-school day ban on all participation in extracurricular activities. Failure to comply with these disciplinary consequences will result in automatic and immediate dismissal. Should he be allowed to return, the student should expect to be on probation during all or part of the next school year.

The 60-school-day ban from participation in all activities begins on a day proximate to the offense and set by the Student Affairs Office. During the 60 days, the student is not allowed to participate in any activities in any manner (practice, dress, travel, organized workouts, rehearsals, etc.). The student must serve the entire 60-school-day ban before he is eligible to resume participating in activities.

In this context, “school day” means a day that counts as an instructional day in the school calendar. This does not include weekends or holidays during the school year or summer vacation. Thus, a student who has not completed the 60 days by the end of one school year is ineligible to participate in any school activities that summer and at the start of the next school year until the 60-day ban has been completed.

Counseling

The student will be subject to an assessment process that begins with school counselors. The school may also require an assessment conducted by an independent, school-approved specialist, paid for by the family. Once the assessment process is complete, the student must sign a contract outlining specific academic and behavioral expectations. These may include random drug testing at the parents’ expense for the remainder of the student’s time at Trinity. Participation in the assessment process and the resulting counseling program is required for the student to remain at Trinity.

Appendix B

Trinity High School - Transportation Release Form

List Sport or Club: _____

For a Student "Rider":

This is to certify that _____ has my permission to ride
(Student's Name)

in an automobile driven by Trinity coaches or driven by other Trinity students or other
Trinity parents for practice, games and other activities related to Trinity High School.

Parent Name: _____

Signed: _____
(Parent of Student Rider)

For a Student "Driver":

This is to certify that _____ has my permission to
(Student's Name)

drive himself and transport other Trinity students in an automobile for
practice, games and other activities related to Trinity High School

Parent Name: _____

Signed: _____
(Parent of Student Driver)

I understand that Trinity High School sometimes requires students to ride buses to and from athletic events. However, use of a school-sponsored bus is not always possible. My permission to allow my son to ride with other students, other parents or coaches, or to drive other students, will release Trinity High School from all liability for any accidents, injuries or other adverse consequences that may occur. I agree to release Trinity High School and its employees and officers from liability with reference to the above stated transportation.

(Signature of Parent or Guardian)

(Date)

Appendix C

Regarding Athletics by Rob Saxton Director of Athletics

High school athletics are great. High school athletics are growing. And, high school athletics contribute to the growth and development of each participating student.

Trinity High School is no exception. The new school year will see almost 20 sports teams/activities within the Trinity Athletics department. Whether they are Kentucky High School Athletic Association (KHSAA) sports (ie, baseball), or KHSAA sports activities (ie, bass fishing), or club sports (ie, lacrosse) that are sanctioned by an organization such as US Lacrosse, Trinity offers a variety of athletics programs.

Trinity expects these programs to contribute to the growth and development of each student-athlete. In fact, we strive to satisfy the following objective through our athletics programs:

- Forming Men of Faith
- Forming Men of Character
- Competing at the Highest Levels

As a parent, what should you expect from Trinity Athletics?

1. You should expect Trinity to offer a wide variety of athletics and sports. In fact, Trinity offers freshman-only teams in several sports; not a common practice at all high schools.
2. You should expect Trinity to offer athletics facilities and equipment that are modern, safe, secure and supportive of your son.
3. You should expect Trinity coaches to work towards the objectives mentioned above: Faith formation, Character formation and Competition at the Highest Levels.
4. You should expect your son to face realities such as:
 - the competition from other student-athletes will be higher
 - there will be difficulty in making a team for “cut” sports
 - his playing time will be earned in practice and based on performance on the court, on the field or on the mat
 - the pace of workouts, practices and games will be faster than ever before
 - a feeling of being overwhelmed with school work and team responsibilities one day, contrasted by a feeling of joy and satisfaction after the coach praised him at practice the next day

As your son’s school, what does Trinity expect from you as a parent?

1. Trinity expects you to approach high school athletics with “emotional balance”. You must be able to handle these realities, while, at the same time, helping your son cope with each of these situations:
 - Your son may be “cut”; he may not make the team. You cannot make the team for him.
 - Your son may make the team, but, may see very little playing time in games.
 - Your son may see playing time, but, may not be one of the “stars”.
2. Trinity expects you to practice positive sportsmanship; before, during and after contests and games. Cheer for your son, and Trinity.
3. Trinity expects you to know, understand and accept these roles:
 - Players play
 - Coaches coach
 - Officials officiate
 - Parents sit in the stands and support their son and Trinity

4. Trinity expects you to help us and to help our coaches as we help your son in Faith and Character formation and in Competition at the Highest Levels.

We believe that there is ample access to athletic involvement at Trinity. We offer large numbers of teams and sports, we offer “cut” and “no cut” sports, we offer a multilevel of teams (freshman, JV, varsity) and we offer a number of intramural sports and activities as well.

Trinity is a school of young men. Athletics are going to be important. That is reality. At the same time, it is also reality that only a small % of Trinity student-athletes will go on to play sports in college with an even smaller % receiving an athletic scholarship.

So, at the end of the day, whether your son makes a team or not, whether he plays a little or a lot, whether he is a role player or a star player, *his personal growth and development come with his participation in Trinity Athletics. That growth and development can be maximized when you as the parent, and we as the school, work together to help Form his Faith, to help Form his Character and to help him and his team Compete at the Highest Levels possible.*

Go Rocks.

Appendix D

Tuition Agreement

In order to play sports governed by the Kentucky High School Athletic Association, the tuition owed to Trinity must be paid by an immediate member of the student's family

Immediate family members are defined as: the student's father, mother, brother, sister, step-father, step-mother, step-brother, step-sister, aunt, uncle or grandparents. The KHSAA states:

“A student shall be ineligible to participate in interscholastic athletics if the student has any part of the financial obligation to the member school paid directly or indirectly by individuals outside of the student's immediate family.”

By signing below, you agree to follow this rule. Failure to sign this agreement means the student may remain at Trinity but is not allowed to play a KHSAA sport.

Those violating this rule will be ineligible to play KHSAA-governed sports for as long as someone other than an immediate family member is helping pay tuition.

I understand the tuition rule and agree to follow the rule:

_____ (parent-print name)

_____ (parent- signature)

_____ (print the student's name)

_____ Date